

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

I am registering for Level I only  
(\$125.00)

I am registering for Level II only  
(175.00)

I am registering for both Levels I  
and II (\$300.00)

Register 2 weeks in advance to insure  
your manual is available for you.

You may repeat any class with me for ½  
the tuition after completing it once!

Send tuition to (This is also the class  
location):

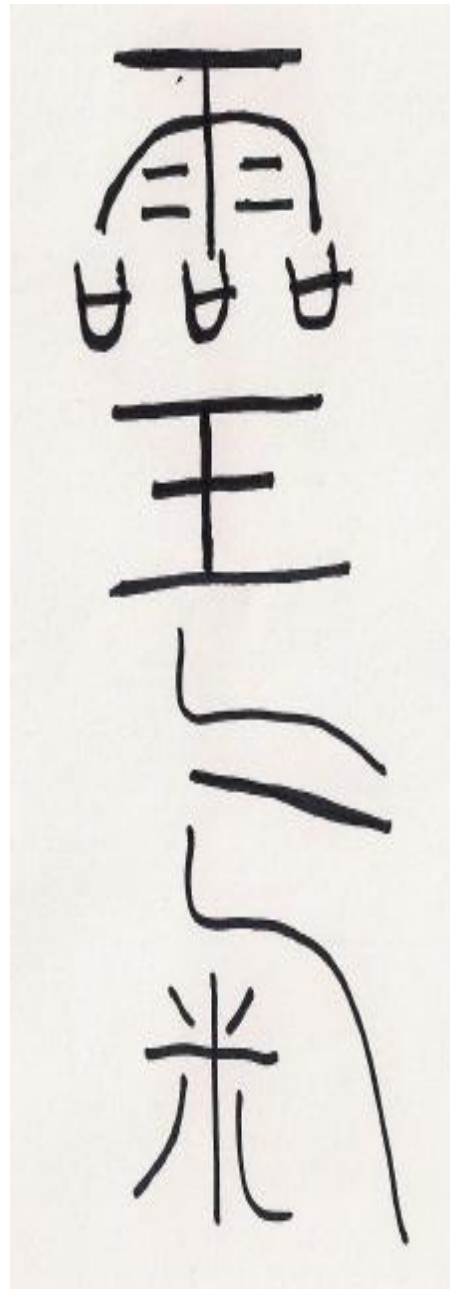
**Lynnspirations Massage and the Healing  
Arts      Attn: Connie Patton  
8170 Hickman Road, Suite 3  
Clive, IA 50325**

Please call Connie at 515-270-7004  
with questions or for more information and  
to schedule this class.

or E-mail address:

[willow@Lynnspirationsmassage.com](mailto:willow@Lynnspirationsmassage.com)

**Tuition includes: class manual (If you did  
not receive at Level I class), handouts,  
certificate of completion, on-going support.**



# REIKI

## A Complimentary Healing Workshop

**Taught by:**  
**Connie Patton, LPN, LMT**  
Usui Reiki Master  
Karuna Reiki Master  
Violet Flame Reiki Master  
Excalibur Reiki  
Kundalini Reiki

## Usui Reiki LEVEL II

2 day class  
June 23, 2009  
June 30, 2009

1:00 to 4:00 p.m. both days

## **WHAT IS REIKI?**

Reiki means “Universal Life Energy.” It is an ancient Japanese system of natural healing utilizing this “Universal Energy” in supporting healing for oneself and others. Reiki can be used to promote personal balance and well-being, mental and emotional health, and physical healing. Reiki is a complete healing system in itself and also is an excellent complement to other healing systems. It is easy to learn and also is very empowering. Anyone can learn and benefit from Reiki. No previous special training is necessary.

This workshop teaches the traditional Reiki that we have now been able to verify in its true origins, handed down to us since the 1900’s from Dr. Mikao Usui.

On-going class support is available to students after class completion.

### **Target Audience:**

Any individual desiring to enhance and support their own health and healing and that of others along with: Nurses, Physical Therapists, Massage therapists Body workers and other health care practitioners.

A minimum number of students will be in attendance for lecture, group discussion, demonstrations, and hands-on experience.

Written notice of cancellation must be received 72 hours prior to class for a refund. Transfer of tuition to other class dates is possible. No refunds once the class has begun.

### **LEVEL 1 OBJECTIVES:**

1. Learn the researched and verified history of the Usui Healing System
2. Heighten sensitivity of touch and distinguished sensations in hands
3. Learn and demonstrate Reiki hand positions for self and other treatment.
4. Learn which organ systems and energy centers correspond to the various hand positions.
5. Complete a full Reiki exchange both receiver and facilitator of the session.
6. Discuss applications of Reiki in personal and professional settings.
7. Receive 1<sup>st</sup> Degree attunement introducing the Reiki energy to your system which can support healing on physical and etheric levels.

### **LEVEL 2 OBJECTIVES:**

1. Receive a 2<sup>nd</sup> Degree attunement which can strengthen Reiki Energy and support healing on the mental and emotional levels.
2. Learn and practice Reiki II symbols for clearing and empowering, balancing mental and emotional energies and distant healing.
3. Complete a full Reiki exchange as both receiver and facilitator of a session.
4. Discuss application of Reiki II symbols for personal use and professional practice.

## **ABOUT YOUR INSTRUCTOR:**

Connie Patton, LPN, LMT is

- Licensed Practical Nurse
- Licensed Massage Therapist
- Usui and Karuna Reiki Master.
- Violet Flame Reiki Master
- Excalibur Reiki
- Kundalini Reiki

She has been using Reiki since 2004. Connie has been a nurse for over 30 years and has been working in massage since 2004. She has been interested for many years, in helping support others in contacting their own inner wisdom and natural healing potential. Reiki is a life-changing way to do just that.

### **Preparing for the Workshop**

- ② Wear comfortable clothing.
- ② Bring a sweater or jacket if you tend to be cold.
- ② Lunch is on your own. It is good to eat a lighter lunch.
- ② Drink plenty of water.
- ② Some students will avoid caffeine a few days before the workshop
- ② Come with an open mind
- ② Relax and enjoy.